



RAMADAN SPECIAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Stroganoff With Herb Rice	Alfredo Chicken Pasta	Demi Glacé Shrimps With Lemon Rice	Pan Stired BBQ Beef With Tex Mex Fajita	Parsley Fish With Boiled Vegetables
Garlic Butter Roasted Fish With Baked Vegetables	Oven Baked Beef Steak & Broccoli	Creamy Mushroom Chicken With Mashed Potatoes	Creamy Mushroom Chicken With Mashed Potatoes	Honey Chili Chicken With Brown Rice
Broccoli Soup	Mushroom Soup	Carrot Soup	Spinach Soup	Lentil Soup
Thai Beef Salad	Fruit Salad	Chicken Caesar Salad	Fattoush Salad	Shrimp Mango Salad
Chicken Kebab	Baked Chicken Strips	Baked Chicken Cutlets	Air Fried Chicken Nuggets	Beef Kofta Kebab
Chocolate Brownie	Roasted Carrot Muffin	Banana Cheesecake	Chocolate Oats Cookies	Peanut Butter Power Balls
Watermelon Juice	Grape Juice	Beetroot Juice	Lemon Mint Juice	Carrot Juice
Cucumber Detox Water	Lemon Mint Detox Water	Fenugreek Detox Water	Pomegranate Detox Water	Apple Detox Water
Roasted Nut	Roasted Nut	Roasted Nut	Roasted Nut	Roasted Nut
Dates	Dates	Dates	Dates	Dates